

| Event | 2026 | Venue | |
|-----------------------|----------------------------|---|--------------------------------|
| Archery | April 26 | Tapo Canyon Regional Park, Simi Valley | Qualifier Pasadena |
| Basketball - Shooting | May 23 | Polytechnic High School, Pasadena | no qualifier needed |
| Basketball - Women | May 23 | Polytechnic High School, Pasadena | [San Diego Qualifies] |
| Cycling | target June 17 | El Dorado East Regional Park, Area III, Long Beach | Qualifier Pasadena |
| Disc Golf | June 13 | Hahamongna Watershed Park, La Canada Flintridge | no qualifier needed |
| Fitness Challenge | June 20 | Pasadena Senior Center | not offered at Nationals |
| Pickleball | May 22,23, 24 | Arcadia Tennis Center | [San Diego Qualifies] |
| Power Walk | T: May 30. Road: May 17 | Rose Bowl & Oxy | no qualifier needed |
| Powerlifting | TBD | Sneider's Family Fitness, Arcadia | no qualifier needed |
| Race Walk | T: May 30. Road: May 17 | Rose Bowl & Oxy | not offered at Nationals |
| Road Race | May 17 | Rose Bowl Loop, Pasadena | Qualifier Pasadena |
| Softball - CoEd | June 12, 13 | Arcadia Park | not offered at Nationals |
| Swimming | May 31 | Rosebowl Aquatics Center, Pasadena | Qualifier Pasadena |
| Table Tennis | June 27 | Pasadena Senior Center | Qualifier Pasadena |
| Track & Field | May 30 | Occidental College, Eagle Rock | Qualifier Pasadena |