



The California Senior Games Association is proud to announce the flag bearers for the Celebration of Athletes, taking place at the 2019 Summer National Senior Games on Wednesday, June 19, 2019.

Thanks to Grace and Frank for representing the 1107 California Athletes who are competing at the 2019 Summer National Senior Games.

Grace Larsen -Basketball

Grace embodies the true spirit of the National Senior Games. Too busy providing for others, she didn't have much time for sports in her youth, so Grace created a second youth for herself. "I spent half of my life as a single mother raising my two sons while working, and the other half studying classical music, skate-boarding, and playing basketball." Grace learned to shoot hoops at 79, and at 93 she is blazing trails as the oldest player and best shooter on the pioneering senior women's basketball team *San Diego Splash*.



Grace is deeply honored to represent California at the National Senior Games in 2019.



Frank Masterson, Cyclist (in his own words)

I have always liked to keep fit, I played different sports when I was young, but I started casually cycling when I got into my 50s, sometimes to work, then on weekends with co-workers.

When I turned sixty, I found out about the Senior Games. I thought I would see how I compare to my competition, and to my surprise, I won my first road race. From that moment on, I was hooked, and I've competed in all of the local and National senior Games.

I love the Senior Games because it inspires me to train that much harder when I see athletes of all ages competing at such a high level in so many different events. My wife and I have also made a lot of new friends, who we always look forward to seeing at the Senior games.



I am very excited for my next trip, in June: to the National Senior Games in Albuquerque, New Mexico.