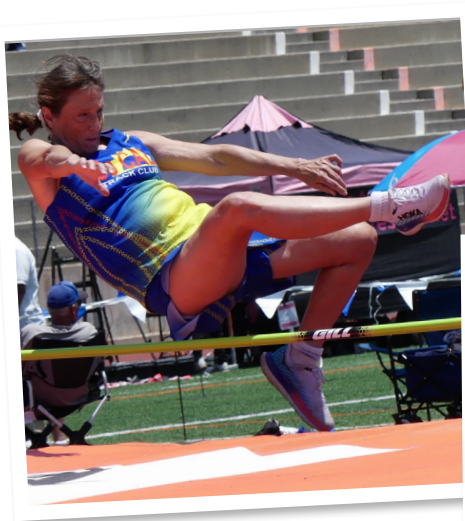


PASADENA SENIOR GAMES



HOSTED BY
Pasadena Senior Center

National Senior Games Week Celebration



Tuesday, March 19
AT 2:00 P.M. VIA ZOOM

Hosted by Olympian Anne Warner Cribbs and
Pasadena Senior Games Director Annie Laskey



March 18-24 is National Senior Games Week, with programs around the country celebrating the Olympic-style sports competitions for adults 50+ known as Senior Games. California is joining in with a Zoom program highlighting the history and fitness benefits of the Senior Games movement on the National, state, and local levels. We'll also share tips to help everyone stay fit and keep active. Anne is the president of the California Senior Games Association, while Annie serves as a Board Member of the National Senior Games Association. **Registration is required to receive the Zoom link.**

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