

A CULTURAL THURSDAY EVENT!

Senior Games: Winning Never Grows Old

Friday, March 13

2:00 P.M., via Zoom

Presented by the California Senior Games Association

Track & Field legend Willie Banks will join host Anne Warner Cribbs, Olympian and board president of the California Senior Games Association, for a conversation about staying fit after age 50 through competitive sports. As part of National Senior Games week, these two Olympians, along with guest Senior Games athletes, will share tips and challenges for staying competitive in mind and body through sports. Senior Games is a nationwide program of Olympic-style sports competitions for adults 50+, encouraging adults to stay fit, make friends, and sometimes even set world records through competitive sports.

Registration is required to receive the Zoom link.

Members - Free
Nonmembers - \$5.00



Anne Warner Cribbs is an Olympian and trailblazer in women's sports. Warner Cribbs won her first gold medal at the 1959 Pan American Games at the age of 14. Warner Cribbs cofounded the American Basketball League, which set the standard for women's professional sports.

Willie Banks has been a luminary in the sport of Track & Field as both an athlete and contributor for over forty years. He was named 1986 U.S. Olympic Committee Sportsman of the Year and was inducted into the National Track & Field Hall of Fame in 1999. Since 1986, Banks has worked as the president and chief executive officer of HSJ, Incorporated.



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85 EAST HOLLY STREET,
PASADENA, CA 91103
(626) 795-4331

www.PasadenaSeniorCenter.org